

Dr. K. A. Clark Newsletter

drclark.fmpsdschools.ca



October 2019

School Hours

8:55 - First Bell
10:30-10:45 - Recess
12:15-12:35 - Lunch
12:35-12:55 - Lunch Recess
3:30 - Dismissal

ECDP Hours

Morning Class:
8:55-11:50 Monday to Friday
Afternoon Class:
12:35-3:30 Monday to Friday

To ensure the safety of all, students should not arrive at school before 8:30 and should leave school grounds immediately after dismissal unless involved in an after school activity.

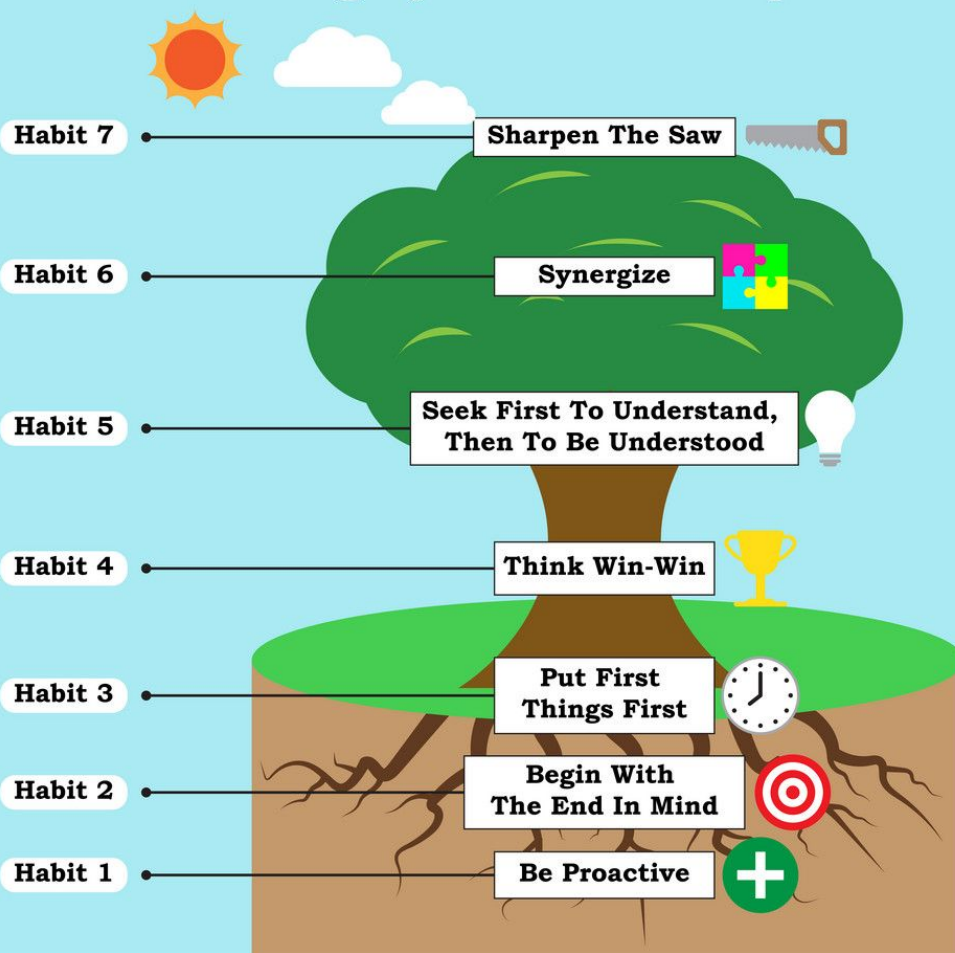


Dr. Clark is also a scent-free zone



Dr. Clark is a Leader in Me school! Leader in Me teaches 21st century leadership and life skills to students and creates a culture of student empowerment based on the philosophy that every child can be a leader.

7 Habits Highly Effective People



To register at Dr. Clark, visit our school office or register online with the link on our website: drclark.fmpsdschools.ca

Student Absences

Please notify the office if your child is going to be late or absent by calling 780-743-2444 or emailing Mrs. Scott at natalie.scott@fmpsds.ab.ca

Leader in Me Assembly

October 29
Grades 4-6/JS
9:00
Dr. Clark Gym

Do you know....

Reading
Is
Leading



The
Leader
inMe
great happens here

Administration's Message

Dr. Clark Families,

Thank you to all of the parents and guardians for all of your patience and cooperation during the first month of the school year. With our increased enrolment (close to 520 students), we have had to make a few adjustments to classes etc. and we appreciate your understanding.

Unfortunately, the increase in students means our parking lots at the beginning and end of the day are very, very busy. We remind you of the following:

- During the morning drop off, the lane next to the cement guards is a drop off zone. Please pull forward as much as possible and let your child out of the car and then move on. We always have a supervisor there to make sure they get across the street.
- At the end of the day this area is okay to park in but you **CANNOT** be blocking any of the busses. We appreciate that there may not be a parking spot but if a car is parked too far back it backs up our busses all the way down Franklin. This means 300 bus students have to wait until you leave. Our supervisors have actually had some quite harsh responses from parents when they have been asked to move. Please refrain from treating the staff in this manner as it does not create a positive model for children to witness.

October is upon us and we are looking forward to another busy month. Floor hockey has begun and we will soon start Volleyball which is always a hit for our Grades 4-6 students. Further, our Grade 4-6 options have started in the first week of October. The students and teachers are enjoying having a change to their routine and we look forward to getting student feedback about the options.

Our first student lead Leader in Me assembly was held in September and the student leaders did an amazing job. Throughout the year the students will be hosting these assemblies and we look forward to their leadership.

As always, if you have any questions or concerns, do not hesitate to contact the school at 780 743 2444.

Sincerely,

Admin Team
Jessica Roy (Principal)
Bobbi Compton (Vice Principal)
Angela Woods (Vice Principal)



Choir will be on Mondays and Wednesdays each week during lunch recess. This option is available to all grade 1-6/JS students.

Hand bells will be on Tuesdays and Thursdays at lunch recess. This option is available to 4-6 and JS.



Breakfast and Hot Lunch Program Sponsors Monetary and Time/Volunteers



Breakfast
CLUB
of Canada



Thank you to our sponsors and community volunteers for helping us to do what's best for kids.

Arriving Early for School/ECDP?





Early for school (before 8:35) or afternoon ECDP (before 12:30)? A reminder that the front doors open at 8:35am. This is when staff are available to supervise outside, boot rooms and/or the Kindergarten and foyer areas.

Safe & Caring

Parents/Visitors

*Please help us foster independence, respect classroom learning and establish routines by picking up your child/children **outside** the school at their entrance/exit doors.*



	<div style="text-align: center;">   </div> <p style="text-align: center;">Dropping Off Lunch/Picking Up Early?</p> <p>Parents, Guardians & Caregivers, if you need to drop off a lunch or pick up your child early, please stop at the office first. Office staff will ensure your child gets their lunch. They will also make arrangements with your child's classroom teacher for early pick up and sign out of your child. Following these procedures ensures the safety of all children and minimizes the disruption to classrooms and learning.</p>
	<p>Tuesdays - Volleyball Practice 3:30-4:30, will start October 8th</p> <p>Mondays - Full Circle 3:30-4:45, will start Oct 7th</p>



NEW THIS YEAR - OPTIONS FOR GRADES 4-JS STUDENTS

Starting on October 7, Dr. Clark grades 4-JS will be taking an option class for one hour per week. This class will be at the same time as the PEAK soccer on Mondays (9 a.m. - 10 a.m.). The students will be given option choice sheets in the middle of September in which they will be asked to choose their top 5 options. These sheets will come home to parents so you can review it with your student. Options include wellness, mind benders, board games, art class, to name a few. Please note - if your child is in PEAK soccer, that will be their option and they will be in PEAK for the entire year.

Students will then be organized into three different options (October - December, January - March, April - June). We will do our best to make sure that students get 3 out of their 5 top choices.

It is important to note that the students throughout Grades 4-JS will be all mixed together.

We are excited about the opportunity to expand your child's learning and experiences at Dr. Clark School.

“Caught Being a Leader” at Dr. Clark School

Dear Parents,

Each new school year brings opportunities for academic growth and growth in all areas of development. Although children must be knowledgeable when they graduate, they must also be healthy, engaged, responsible, and caring people. At Dr. Clark School we help students reach their full potential by teaching them the 7 Sacred Teachings and the 7 Habits. Leadership roles become a part of Dr. Clark and help students learn about responsibility, leadership and contribution.

Of course these roles do not only exist at school but at home or in the community as well. We ask that when your child displays any of the 7 Habits and/or 7 Sacred Teachings at home or when you are out and about, feel free to fill out one of the enclosed “Caught being a Leader” forms and have them return it to their teacher. We will collect the slips from teachers and display them on our “Leader in Me Wall of Fame” and your child’s name will be entered into a draw to have “Lunch with the Principal” as further recognition of showing leadership.

You will also see completed leadership slips coming home from the school in your child’s agenda about how they have displayed leadership at Dr. Clark School. These are great reminders of how your child is a wonderful Dr. Clark Dino.

Here is a guide as to how you can get started at home:

1. Talk with your child about the leadership role he or she might be interested in at home.
2. Discuss why he or she is interested in the role. Ask what leadership qualities your child has that will help. Ask how he or she will handle homework or other commitments with this new responsibility.
3. Together, discuss, write, and sign the paper detailing the leadership behavior and expectations of the role.
4. Give your child a week or so to adjust and then discuss how it’s going. This may open a conversation on how to handle things that are too easy or too difficult. Express appreciation and celebrate success!

The 7 Habits

Habit 1: Be Proactive (You’re in Charge)

Habit 2: Begin With the End in Mind (Have a Plan)

Habit 3: Put First Things First (Work First, Then Play)

Habit 4: Think Win-Win (Everyone Can Win)

Habit 5: Seek First to Understand, Then to Be Understood (Listen Before You Talk)

Habit 6: Synergize (Together Is Better)

Habit 7: Sharpen the Saw (Balance Feels Best)

The Seven Sacred Teachings

To cherish knowledge is to know **WISDOM**;

To know **LOVE** is to know peace;

To honor all of the Creation is to have **RESPECT**;

BRAVERY is to face the foe with integrity;

HONESTY also means “righteousness”, be honest first with yourself – in word and action;

HUMILITY is to know yourself as a sacred part of the Creation,

TRUTH is to know all of these things.

If you need more slips, feel free to print them off from the email we will be sending to all parents. Thank you so much for supporting our students in becoming wonderful leaders.

Dr. Clark Staff



Caught Being A Leader At Home/In The Community



_____ showed leadership today by

We are Dino Proud!

Given by _____

Help 4K With Reusing and Recycling

Please help a class while recycling. 4K is looking for donations of empty tissue boxes and used buttons (of any size).



chartwells
where hungry minds gather



Dr. KA Clark School

Monday	Tuesday	Wed	Thurs	Friday
				1
				PD Support Day No School
4	5	6	7	8
All Beef Hotdog *CS Veggie Sticks *CM Ranch Dip *CS 2% Milk *CM	Plum Pork Bites *CM Fried Rice *CM Vegetables *CM 100% Pure Apple Juice *CM	BBQ Chicken Drumsticks *CM Roast Potato *CM Corn *CM 2% Milk *CM	Meat Lasagna *CS Garlic Toast *CS 100% Pure Orange Juice *CM	Taco Salad *CM Sour Cream *CM Salsa *CM 2% Milk *CM
11	12	13	14	15
No School Remembrance Day	Chicken Balls w/ SS Sauce *CS Rice *CM Veg of the Day *CM 100% Pure Apple Juice *CM	Perogies w/sour cream *CM Potato Wedge *CM Mixed Vegetables *CM 2% Milk *CM	Meat Ball Sub w/Cheese *CS Garden Salad *CM 100% Pure Orange Juice *CM	Thai Chicken Wrap *CM Lettuce, Carrot, Cucumber Pear *CM 2% Milk *CM
18	19	20	21	22
Chicken Nuggets *CS Baked Potato Bites *CM Plum Sauce *CS 2% Milk *CM	Ginger Beef *CM Brown Rice *CM Carrots *CM 100% Pure Apple Juice *CM	Chicken Quesadilla *CM w/Sour Cream *CM Roast Potato *CM 2% Milk *CM	Beef Cheeseburger *CS Garden Salad *CM 100% Pure Orange Juice *CM	NO SCHOOL PLF
25	26	27	28	29
Baked 3 Cheese Penne *CM Ceasar Salad *CM 2% Milk *CM	Honey Baked Ham *CM Mashed Potato *CM Apple *CM 100% Pure Apple Juice *CM	Sweet & Sour Meatballs *CM Brown Rice *CM Corn *CM 2% Milk *CM	Parmasean Chicken *CM Roast Potato *CM Peas & Carrots *CM 100% Pure Orange Juice *CM	Beef Chili *CM WW Bun *CS Apple *CM 2% Milk *CM

HOT LUNCH PROGRAM 2019-20



The hot lunch program at Dr. Clark is ready to go! We are partnering with Chartwells as our hot lunch provider and there are a few changes in our menu selections. Dr. Clark uses an online order system that requires a small amount of time to set up, as you must register each child attending Dr. Clark (must be registered each year). Once your initial set up is complete, your hot lunch ordering process should be quick and simple for the remainder of the school year. Please note that the hot lunch program is not available to students in ECDP.

Here's how to get started...

- Go to **drclark.hotlunches.net**
- Click on "Click here to register"
- Enter access code **Clark19-20**
- Complete the rest of the registration form. Remember to include your email address for reminders regarding deadlines and what you've ordered for the coming week
- You still need to register even if you've registered and used this system with us before. Each school year starts new!
- Click the **"Register Now"** button at the bottom of the page
- Follow the instructions to add each child in your family that attends Dr. Clark
- Once your child(ren) are registered, click on **"Orders"**
- You may now place your orders

****You will not be able to select your child's teacher (for classroom delivery) at this time. Please choose the grade only. We will add your child's teacher once classes have been finalized.**

PayPal - We only accept hot lunch order payments through PayPal (www.paypal.com). There will be a 3.0% transaction fee on each order made. This will help to offset our costs of using PayPal for its service. You will see this on your total.

No cheques or credit cards will be accepted by Dr. Clark at any time. Please keep in mind though, that you can adjust your personal PayPal account to accept credit cards or as a PayPal guest. ***Please Note: Should you experience any issues with your PayPal account, you must contact them directly to resolve.

Please see the attached schedule for menu details. It is **very important** to note that custom orders cannot be accommodated due to the volume of orders placed. Read the item descriptions carefully, and consider any dietary restrictions, allergies or dislikes your child may have and take them into account when placing your order. We have a new menu offering something for everyone, while still keeping it healthy.

A volunteer is needed each day to deliver the lunches to classrooms. If you are able to volunteer you can sign up using the hot lunch website.

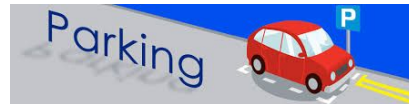
Hot lunch ordering will be available for October is open until September 26. **November orders will be ongoing from Oct 2 to October 31.** Please contact the office at 780-743-2444 if you need help with ordering or have questions.

Breakfast at Dr. Clark School Information

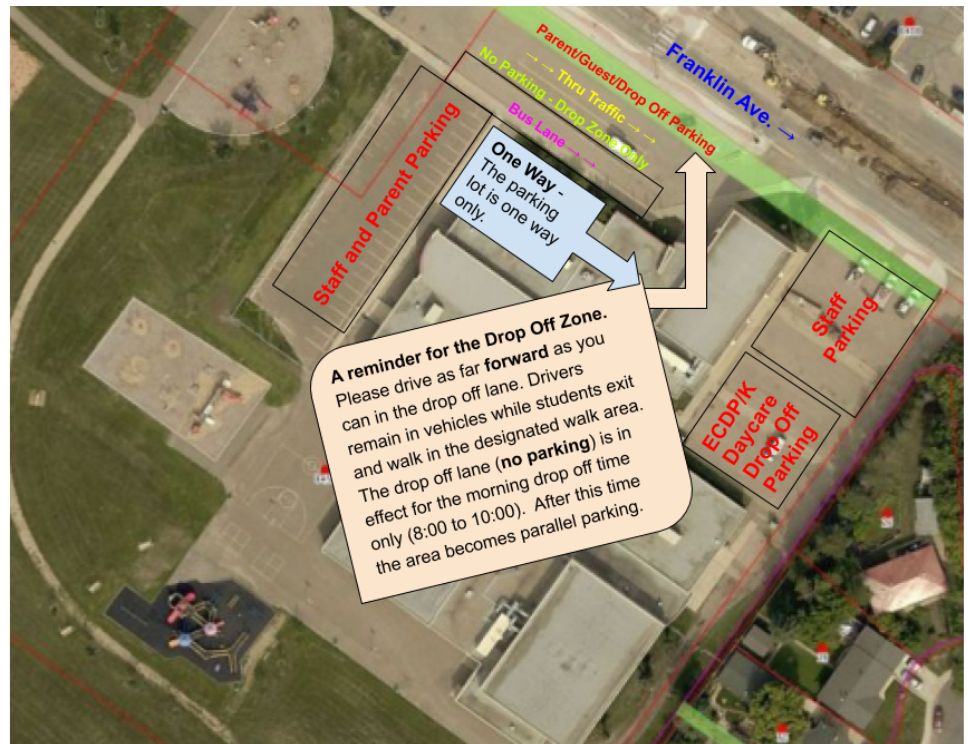
Dr. Clark Families,

As educators, we know that a healthy breakfast is a very important part of learning. We pride ourselves in providing a daily breakfast for many children during the school year. A big thank you goes out to our sponsors (both public and private) for this service. Breakfast is from 8:35 to 8:55 everyday in the Multipurpose Room.

Dr. Clark Administration



A reminder of the Drop Off Zone. Please drive as **forward** as you can in the drop off lane. Drivers remain in vehicles while students exit and walk in the designated walk area. The drop off lane (**no parking**) is in effect for the morning drop off time only (8:00 to 10:00). After this time the area becomes parallel parking.





School Council & Fundraising Committees

Parent Representative for each class - you will be hearing from your child's teacher asking for a parent rep for each class. This job will entail being a contact person to help ask for volunteers in the classroom, field trips, class parties, etc. This parent may also be asked to pass on information to other parents in the class about upcoming events. This parent does not have to participate in the monthly School Council meetings but we would love to see them there if possible.

School Council is a great place to find out about the big and little decisions that affect our school and our children. If you can't come, you can join the mailing list and receive the minutes to stay in the loop. Please email drclarkfuncomm@hotmail.com if you wish to join the mailing list. Our next meeting will be Tuesday October 15th from 6-7pm in the Library. All parents welcome!

The Fundraising Committee is organizing a Casino this fall, November 5th and 6th. Other fundraisers will be held when there are enough volunteers and interest. Funds help enrich our student's experience at school. Last year we provided the In-Line Skating days and Butterfly Kits. We can always use more volunteers, so please let the office know if you are interested! Please sign up to volunteer for a shift! Go to www.signupgenius.com and search drclarkfuncomm@hotmail.com

All parents and caregivers are welcome! Send us an email (drclarkfuncomm@hotmail.com) attend a meeting or event and be part of your child's school community!

Important Dates

October

- 2 - School Photos
- 3 - Terry Fox Walk - Bring a Toonie for Terry
- 4 - No School for Students, PLF
- 7 - Options Classes Start
- 8- Fire Smart for grades 1-3
- 10 - Earth Rangers Presentation, Grades 1-6
- 25 - No School for Students, PLF
- 29 - Leader in Me Assembly, grades 4-6/JS

November

- 1 - Institute Day, no school for students
- 5 & 6 - Dr. Clark Fundraising Casino, volunteers needed
- 7 - Remembrance Assembly, 11am in the gym
- 8 - No school for students, day in lieu of PTI
- 11 - No school for students, Thanksgiving
- 12 - Picture Retakes
- 22 - No school for students, PLF
- 25-27 - Who Do You Tell Program, grade 3
- 26 - Leader In Me Assembly, grades K - 3
- 26 - Parent Teacher Interviews, 5-8pm
- 27 - Parent Teacher Interviews, 5-8pm
- 30 - FMPSD Coding Competition

2019-2020 School Year Calendar

Fort McMurray Public School District #2833

August 2019						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2019						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019						
Su	M	Tu	W	Th	F	Sa
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2019						
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					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2019						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
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19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
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19	20	21	22	23	24	25
26	27	28	29	30		

May 2020						
Su	M	Tu	W	Th	F	Sa
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2020						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

STAT Holiday (No School) Important Dates
Staff Professional Learning/Development Day (No School) School Breaks / No School

*2020-2021 Proposed Important Dates

Sept 1, 2020 First day for Students
 Dec 21-Jan 3 Christmas Break

Feb 25 & 26 Teachers' Convention
 April 2 - 9 Easter and Spring Break


2019/2020 Important Dates

Aug 14	Schools Open for Registration
Aug 21	Administration First Day
Aug 28	ATA First Day
Aug 29	CUPE First Day
Sept 2	Labour day (No School)
Sept 3	First Day of School for Students
Sept 9	ECDP First Day
Sept 13	PLF #1 (Staff Only)
Sept 27	PLF #2 (Staff Only)
Oct 4	PLF #3 (Staff Only)
Oct 14	Thanksgiving (No School)
Oct 25	PLF #4 (Staff Only)
Nov 1	Institute Day (Staff Only)
Nov 8	In Lieu PTI (No School)
Nov 11	Remembrance Day (No School)
Nov 22	District Day #1 (Staff Only)
Dec 13	PLF #5 (Staff Only)
Dec 20	PLF #6 (Staff Only)
Dec 23-Jan 3	Christmas Break (No School)
Jan 6	Classes Resume
Jan 17	PLF #7 (Staff Only)
Jan 31	District PD Day (Staff Only)
Feb 3	2nd Semester begins
Feb 17	Family Day (No School)
Feb 24-28	Teachers' Convention (No School)
Mar 13	PLF #8 (Staff Only)
Mar 27	PLF #9 (Staff Only)
Apr 10	Good Friday (No School)
Apr 13-17	Easter Monday & Spring Break (No School)
May 8	PLF #10 (Staff Only)
May 15	In Lieu PTI (No School)
May 18	Victoria Day (No School)
May 29	PLF #11 (Staff Only)
Jun 12	PLF #12 (Staff Only)
Jun 25	Last day of School for Students
Jun 26	Last Day for Staff/Graduations (1/2 day: AM Only)

171 Instructional Days (86 & 85) / 193.5 Operational Days

Approved Date: March 20, 2019

*Proposed dates listed are subject to change



EVERY CHILD MATTERS

Celebrate with us


Orange Shirt Day

September 30, 2019

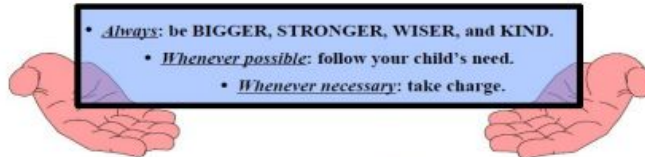
with Fort McMurray Public School Division

ORANGE SHIRT DAY IS AN OPPORTUNITY FOR FIRST NATIONS, GOVERNMENTS, SCHOOLS AND ORGANIZATIONS TO COME TOGETHER IN THE SPIRIT OF RECONCILIATION AND HOPE FOR GENERATIONS OF CHILDREN TO COME.

For more details email
angela.woods@fmpsd.ab.ca
 Twitter @indigenousFMPSD



(Almost)
Everything I Need to Know
About Being a Parent
in
25 Words or less



© Cooper, Hoffman, Marvin, & Powell – 1998 circleofsecurity.org

Group #1: Location: McTavish Junior/High School Time: 5:30-7:30 Dates: Oct 8, 15, 22, 29 & Nov 5, 12, 19, 26 Presented By: Chelsea Griffin, RSW, RPT, COS-P and Tracy Walsh, RSW, CCC, COS-P	Group #2: Location: Dickinsfield School Time: 9:15am - 11:15am Dates: Oct 9, 16, 23, 30 & Nov 6, 13, 20, 27 Presented By: Chelsea Griffin, RSW, RPT, COS-P and Karina Webb RSW, COS-P	Group #3: Location: Dr. Clark School Time: 9:15am - 11:15am Dates: Oct 9, 16, 23, 30 & Nov 6, 13, 20, 27 Presented By: Tracy Walsh, RSW, CCC, COS-P and Laura Niven, RSW, COS-P
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Cost: FREE

Who should attend: Parents with children of all ages! Circle of Security is an 8-week program and participants are encouraged to attend all 8 sessions inclusively. Due to the nature of the group, we ask that you please make prior arrangements for childcare as children are not permitted to accompany their parents in session.

For more information: <https://www.circleofsecurityinternational.com/> or
<https://www.youtube.com/watch?v=1wpz8moBFM8>

How to register: Email Tracy Walsh @ tracy.walsh@fmprsd.ab.ca or call (780)-790-1100 Ext 1633

Fort McMurray Public School District is excited to be offering COS in our schools. According to COS International “The Circle of Security Parenting Program is based on decades of research about how secure parent-child relationships can be supported and strengthened”. This is an 8-week video based program, with a weekly 2-hour commitment, which focuses on the parent-child relationship and includes both parent reflection and support. This group is open to parents and guardians of children and youth of all ages.

This program will support parents or guardians in the following ways:

- Understanding their child’s emotional world by learning to read emotional needs,
- Supporting their child’s ability to successfully manage emotions,
- Enhancing the development of their child’s self-esteem, and
- Honoring the innate wisdom and desire for their child to be secure.

If you are interested in learning more click on the following link
<https://vimeo.com/circleofsecurity/circleofsecurityanimation>

(Circle of Security International, 2019)