

Dr. K. A. Clark Newsletter

drclark.fmpsdschools.ca



November 2019

School Hours

8:55 - First Bell
10:30-10:45 - Recess
12:15-12:35 - Lunch
12:35-12:55 - Lunch Recess
3:30 - Dismissal

ECDP Hours

Morning Class:
8:55-11:50 Monday to Friday
Afternoon Class:
12:35-3:30 Monday to Friday

To ensure the safety of all, students should not arrive at school before 8:30 and should leave school grounds immediately after dismissal unless involved in an after school activity.



Dr. Clark is also a scent-free zone



A
Leader in Me
School

Dr. Clark is a Leader in Me school! Leader in Me teaches 21st century leadership and life skills to students and creates a culture of student empowerment based on the philosophy that every child can be a leader.



REMEMBRANCE DAY
Let Us Not Forget

Remembrance Assembly
November 7, 11a.m.

To register at Dr. Clark, visit our school office or register online with the link on our website: drclark.fmpsdschools.ca

Student Absences

Please notify the office if your child is going to be late or absent by calling 780-743-2444 or emailing DCinfo@fmpsdschools.ca with **absent** and your **child's name** in the subject line.

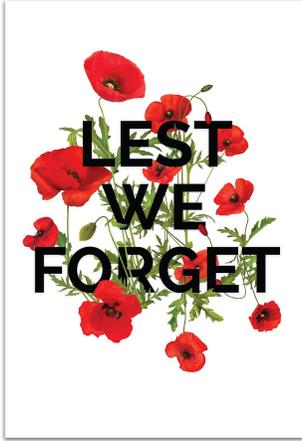
Leader in Me Assembly

November 26

Grades K-3

9:15

Dr. Clark Gym



**Reading
Is
Leading**



**The
Leader
inMe**
great happens here

Administration's Message

Dr. Clark Families,

Month three of an already very busy school year. Thank you so much to all of the parents who have volunteered to supervise at our very first Dr. Clark Casino. The money brought in because of this Casino will be very welcome to Dr. Clark and will pay for many different things including new technology, musical instruments, sports, field trips and guest speakers. We are very grateful to everyone for working so hard to make this happen.

We will be wrapping up our volleyball season in November and look forward to the next sport which will be basketball. Thanks to our staff who have volunteered to be coaches and continue to take time out of their busy schedules to give our students these experiences.

Options are in their second month and we are excited to report that the students and staff are really enjoying the time together in a more relaxed atmosphere. The last day for the first option will be December 16 and the second option will start on January 6 and go until March 30. Option three will start on April 6 and go until June 8.

Report cards will be sent home on or around November 25 (if we get them printed sooner, we will send them home sooner). Parent Teacher Interviews will be held from 5 - 8 p.m. on November 26 and 27.

Ms. Munn and Ms. Blais have already begun to practice for our Christmas Concerts in December. Because of our increased enrolment, especially in the ECDP/K area, we have decided to do two separate concerts. Grades 1 - 6 will be held on December 9 and ECDP/K will be on December 12. Both will be in the evening and the times will be determined at a later date.

We end this message by sending out a congratulations to Mrs. Paulette Rempel and Mrs. Shelley Bungay who will be recognized on November 28 at the division's Partner's in Education Reception. These two amazing parents are being recognized across the division for their many, many contributions to Dr. Clark School and community. Thank you.

As always, if you have any questions or concerns, do not hesitate to contact the school at 780 743 2444.

Sincerely,

Admin Team

Jessica Roy (Principal)

Bobbi Compton (Vice Principal)

Angela Woods (Vice Principal)

Indigenous Education Update

On Sept. 30th, Dr. Clark Public School participated in Orange Shirt Day. We honored and supported those who attended and survived residential schools by donning their orange shirts. Centers were created in the Multipurpose Room that focused on the teachings about residential schools, the “every child matters” campaign, and where the residential schools were located in Canada. Many classes from Grades 3-6 toured and participated in the activities. To share what was learned, bulletin board displays were made around the school from the completed activities.

We also had a very special presentation at Keyano Theatre for grades 3-6, by the creator of Orange Shirt Day and author of The Orange Shirt Story, Phyllis Webstad. Deep discussions were had at the presentation and at the school that helped further students understanding of those that attended residential schools, the effects of the schools, and the legacy and impact of those schools that was left behind.

For more information please visit the Orange Shirt Day website at <http://www.orangeshirtday.org/>.



Choir will be on Mondays and Wednesdays each week during lunch recess. This option is available to all grades 1-6/JS students.

Hand bells will be on Tuesdays and Thursdays at lunch recess. This option is available to 4-6 and JS.





**Breakfast and Hot Lunch Program Sponsors
Monetary and Time/Volunteers**



Thank you to our sponsors and community volunteers for helping us to do what's best for kids.

Arriving Early for School/ECDP?

Early for school (before 8:35) or afternoon ECDP (before 12:30)? A reminder that the front doors open at 8:35am. This is when staff are available to supervise outside, boot rooms and/or the Kindergarten and foyer areas.

**Safe
&
Caring**

Parents/Visitors

*Please help us foster independence, respect classroom learning and establish routines by picking up your child/children **outside** the school at their entrance/exit doors.*



Mondays - Full Circle 3:30-4:45

Tuesdays - Volleyball Practice 3:30-4:30

Wednesdays - Floor Hockey Practices, 3:30-4:30

BOOK FAIR COMING SOON!



WHERE: Dr. Clark School Library

WHEN: November 25 - 28, 2019

SCHOOL HOURS: Mon Nov 25 to Thurs Nov 28 (9am-3pm)

EVENINGS: Tues Nov 26 (5-8pm) & Wed Nov 27 (5-8pm)



Dropping Off Lunch/Picking Up Early?

Parents, Guardians & Caregivers, if you need to drop off a lunch or pick up your child early, please stop at the office first. Office staff will ensure your child gets their lunch. They will also make arrangements with your child's classroom teacher for early pick up and sign out of your child. Following these procedures ensures the safety of all children and minimizes the disruption to classrooms and learning.

“Caught Being a Leader” at Dr. Clark School

Dear Parents,

Each new school year brings opportunities for academic growth and growth in all areas of development. Although children must be knowledgeable when they graduate, they must also be healthy, engaged, responsible, and caring people. At Dr. Clark School we help students reach their full potential by teaching them the 7 Sacred Teachings and the 7 Habits. Leadership roles become a part of Dr. Clark and help students learn about responsibility, leadership and contribution.

Of course these roles do not only exist at school but at home or in the community as well. We ask that when your child displays any of the 7 Habits and/or 7 Sacred Teachings at home or when you are out and about, feel free to fill out one of the enclosed “Caught being a Leader” forms and have them return it to their teacher. We will collect the slips from teachers and display them on our “Leader in Me Wall of Fame” and your child’s name will be entered into a draw to have “Lunch with the Principal” as further recognition of showing leadership.

You will also see completed leadership slips coming home from school in your child’s agenda about how they have displayed leadership at Dr. Clark School. These are great reminders of how your child is a wonderful Dr. Clark Dino.

Here is a guide as to how you can get started at home:

1. Talk with your child about the leadership role he or she might be interested in at home.
2. Discuss why he or she is interested in the role. Ask what leadership qualities your child has that will help. Ask how he or she will handle homework or other commitments with this new responsibility.
3. Together, discuss, write, and sign the paper detailing the leadership behavior and expectations of the role.
4. Give your child a week or so to adjust and then discuss how it’s going. This may open a conversation on how to handle things that are too easy or too difficult. Express appreciation and celebrate success!

The 7 Habits

Habit 1: Be Proactive (You’re in Charge)

Habit 2: Begin With the End in Mind (Have a Plan)

Habit 3: Put First Things First (Work First, Then Play)

Habit 4: Think Win-Win (Everyone Can Win)

Habit 5: Seek First to Understand, Then to Be Understood (Listen Before You Talk)

Habit 6: Synergize (Together Is Better)

Habit 7: Sharpen the Saw (Balance Feels Best)

The Seven Sacred Teachings

To cherish knowledge is to know **WISDOM**;

To know **LOVE** is to know peace;

To honor all of the Creation is to have **RESPECT**;

BRAVERY is to face the foe with integrity;

HONESTY also means “righteousness”, be honest with yourself – in word and action;

HUMILITY is to know yourself as a sacred part of the Creation,

TRUTH is to know all of these things.

If you need more slips, feel free to print them off from the email we will be sending to all parents. Thank you so much for supporting our students in becoming wonderful leaders.

Dr. Clark Staff



Caught Being A Leader At Home/In The Community



_____ showed leadership today by

We are Dino Proud!

Given by _____

Kid's Healthy Eating Plate



Mr. Shewchuk and Ms Hennigar will be hosting an Apple Healthy Plate Days event at the school the week of December 2nd to 6th. Each class will be participating in a healthy activity, an engaging 'discussion' on nutrition, and receiving a healthy snack (prepared by us).

The lessons will be taking place during their regular scheduled class times. One of our goals is to create more awareness throughout the entire school/ community.

Apple Healthy Plate Days

- 1 - Introduction to the new Canadian food guide through an interactive "[Healthy Plate Game](#)"
- 2 - Class [discussion](#) about game and importance of being aware of their 'plates'.
- 3 - Provide healthy [snack](#) (yogurt and mixed berries - lactose free) and provide a handout to take shopping with their families.



Breakfast at Dr. Clark School Information

Dr. Clark Families,

As educators, we know that a healthy breakfast is a very important part of learning. We pride ourselves in providing a daily breakfast for many children during the school year. A big thank you goes out to our sponsors (both public and private) for this service. Breakfast is from 8:35 to 8:55 everyday in the Multipurpose Room.



HOT LUNCH PROGRAM 2019-20

Dr. Clark uses an online order system that requires a small amount of time to set up, as you must register each child attending Dr. Clark (must be registered each year). Once your initial set up is complete, your hot lunch ordering process should be quick and simple for the remainder of the school year. Please note that the hot lunch program is not available to students in ECDP.

Here's how to get started...

- Go to **drclark.hotlunches.net**
- Click on "Click here to register"
- Enter access code **Clark19-20**
- Complete the rest of the registration form. Remember to include your email address for reminders regarding deadlines and what you've ordered for the coming week
- You still need to register even if you've registered and used this system with us before. Each school year starts new!
- Click the "**Register Now**" button at the bottom of the page
- Follow the instructions to add each child in your family that attends Dr. Clark
- Once your child(ren) are registered, click on "**Orders**"
- You may now place your orders

PayPal - We only accept hot lunch order payments through PayPal (www.paypal.com). There will be a 3.0% transaction fee on each order made. This will help to offset our costs of using PayPal for its service. You will see this on your total.

No cheques or credit cards will be accepted by Dr. Clark at any time. Please keep in mind though, that you can adjust your personal PayPal account to accept credit cards or as a PayPal guest. ***Please Note: Should you experience any issues with your PayPal account, you must contact them directly to resolve.

A volunteer is needed each day to deliver the lunches to classrooms. If you are able to volunteer you can sign up using the hot lunch website.

Hot lunch ordering will be available for October is open until September 26. **November orders will be ongoing from Oct 2 to October 30.** Please contact the office at 780-743-2444 if you need help with ordering or have questions.



Hot Lunch November 2019

The hot lunch menu for
November is open
*Ordering closes on Oct. 31 at
noon.

Here are the delicious lunches available:

- Nov. 4 - All Beef Hotdog, Veggie Sticks, Ranch Dip, Milk
- Nov. 5 - Plum Pork Bites, Rice, Vegetables, Apple Juice
- Nov. 6 - BBQ Chicken Drumsticks, Roasted Potatoes, Corn, Milk
- Nov. 7 - Meat Lasagna, Garlic Toast, Orange Juice
- Nov. 12 - Chicken Balls, Rice, Vegetables, Apple Juice
- Nov. 13 - Perogies, Potato Wedges, Vegetables, Milk
- Nov. 14 - Meatball Sub with Cheese, Garden Salad, Orange Juice
- Nov. 15 - Thai Chicken Wrap, Pear, Milk
- Nov. 18 - Chicken Nuggets, Baked Potato Bites, Plum Sauce, Milk
- Nov. 19 - Ginger Beef, Rice, Carrots, Apple Juice
- Nov. 20 - Chicken Quesadilla, Roasted Potato, Milk
- Nov. 21 - Beef Cheeseburger, Garden Salad, Orange Juice
- Nov. 25 - Baked Cheese Penne, Caesar Salad, Milk
- Nov. 26 - Honey Baked Ham, Mashed Potato, Apple, Apple Juice
- Nov. 27 - Sweet & Sour Meatballs, Rice, Corn, Milk
- Nov. 28 - Parmesean Chicken, Roasted Potato, Peas/Carrots, Orange Juice
- Nov. 29 - Beef Chili, Whole Wheat Bun, Apple, Milk

Order - drclark.hotlunches.net



School Council & Fundraising Committees

The next School Council and Fundraising Committee meeting is Tuesday, November 19 from 6-7pm in the library. This is an open meeting and ALL parents/caregivers are welcome to attend.

Our Casino fundraiser still needs a few volunteers! This money helps pay for In-Line Skating and other in-school presentations. Spots available between 8:30 p.m and 2:30 a.m. on November 5 or 6. Please sign up at www.signupgenius.com and search for drclarkfuncomm@hotmail.com.

Thank you to everyone for supporting our recent Dieleman Fundraiser! Deliver to the school is expected by November 29 and we'll be needing volunteers to help sort orders around that date. SignUp Genius information will be out shortly.

We will also be needing volunteers to help with our upcoming Growing Smiles holiday flowers and wreaths fundraiser and the Holiday Gift Shop. More information will be coming out on both events soon, along with SignUp Genius information.

All parents and caregivers are welcome! Send us an email (drclarkfuncomm@hotmail.com) attend a meeting or event and be part of your child's school community!

Important Dates

November

- 1 - Institute Day, no school for students
- 5 & 6 - Dr. Clark Fundraising Casino, volunteers needed
- 7 - Remembrance Assembly, 11am in the gym
- 8 - No school for students, day in lieu of PTI
- 11 - No school for students, Remembrance Day
- 12 - Picture Retakes
- 22 - No school for students, PLF
- 25-27 - Who Do You Tell Program, grade 3
- 25 - Report Cards Go Home
- 26 - Leader In Me Assembly, grades K - 3
- 26 - Parent Teacher Interviews, 5-8pm
- 27 - Parent Teacher Interviews, 5-8pm
- 30 - FMPSD Coding Competition

December

- 4 & 5 - Holiday Gift Shoppe
- 9 - Christmas Concert, Grades 1-6/JS
- 12 - ECDP & K Christmas Concert
- 13 - No School for Students, PLF
- 18 & 19 - Ski Days for Grades 4-6/JS
- 20 - No School for Students, PLF
- 23 - Jan. 3 - No School, Christmas Break
- *Classes Resume - Jan. 6*



In our efforts to continue to encourage students to recycle and be environmentally aware, we have created a partnership with Advanced Bottle Depot at 8322 Fraser Avenue (very close to our school!) to process our classroom recycling in a very efficient manner. They have set up a bin for us inside the depot in which we simply have to drop our bags of recycling. They will sort and count it for us and then send us the money at the end of each month.

We would encourage families to do the same if you are willing to donate your recycling. The money collected will go directly back to the students in the form of field trips or guest speakers for the school.

Dr. Clark Fundraising Committee
Nov 5 & 6 Casino

♠️ ♦️ ♣️ ♥️ **Needs You** ♠️ ♦️ ♣️ ♥️

OUR BIGGEST FUNDRAISER

♥️ ♣️ ♦️ ♠️ ♥️ ♣️ ♦️ ♠️ ♥️ ♣️ ♦️ ♠️

What will a casino do for our school?
Agendas, Chromebooks, Science In Motion
Music Equipment, Field Trips, Flexible Seating
...and much, much more!

Volunteers Needed
Sign up at www.signupgenius.com
Search for drclarkfuncomm@hotmail.com

VOLUNTEERS MUST ALSO COMPLETE A VOLUNTEER FORM
FORMS ARE AVAILABLE IN THE OFFICE

Made with PosterMyWall.com

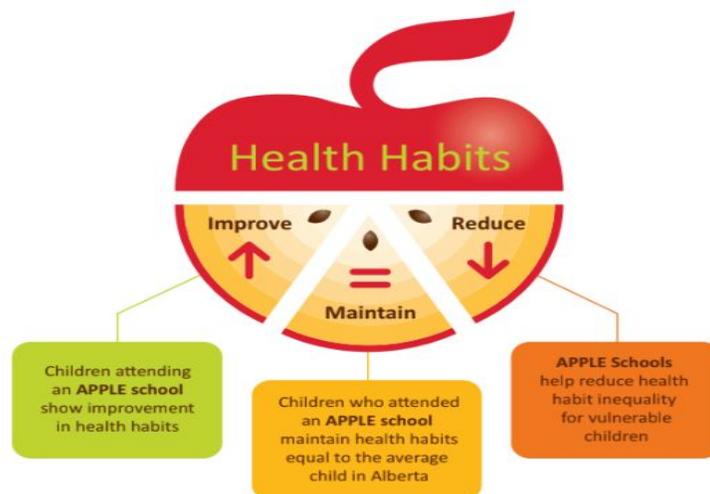
Our Casino fundraiser needs only a few more volunteers! This money will help pay for In-Line Skating and other in-school activities and presentations! Spots available between 8:30 p.m and 2:30 a.m. on November 5 or 6. Please sign up on Sign-Up Genius and fill out a form in the office. Thank you for your support.

[Casino Volunteer Signup Link](#)

Dino's are Healthy!

Hello everyone! Dr. Clark School is proud to be an APPLE school, as it has been for many years.

Dr. Clark provides students with many opportunities to be exposed to daily physical activity, positive mental health habits and healthy eating. In this section of the newsletter, you can read about what we are doing, as well as find tips, resources and ideas that you can do with your child at home!

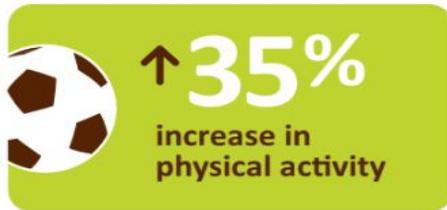


Physical Activity

Need some ideas to keep your child active before school? Check out <https://activeforlife.com/resources/>

There are tons of great ideas that you can do with your whole family!

Research shows that children attending an APPLE school demonstrate:



Healthy Eating

[Here](#) are some healthy lunch ideas that you can make for your child!

Being healthy at Dr Clark...

In Mrs. Semenoff's Kindergarten class, students have a healthy "Foodie Friday", every Friday that they have class! The students get to taste healthy treats, while learning about the alphabet!



In Flanders' Fields

In Flanders' fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved, and were loved, and now we lie
In Flanders' fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch, be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders' fields.

Major John McCrae, 1915



Growing Smiles Fundraiser



2019 Parent Letter



Dear Parents,

This year at **Dr. Karl A Clark** we are excited to announce a Winter fundraiser! We will be selling a variety of plants which are included on the Order Forms. Our goal is to raise **\$3,300.00**

Why we Fundraise

Fundraising is always a vital part of ensuring the students have the best year possible. The money raised is used to help cover costs for programs, equipment, resources, and extra-curricular activities. It also takes some of the financial burden off of the parents – allowing more kids to participate in these activities. With this fundraiser we are raising money for:

Students learning enrichment, extra curricular activities, enhancement of school curriculum, funding for teaching materials, and in-line skating.

Important Dates to Remember

October 21th/2019	The fundraiser officially begins.
November 12th/2019	All money and order forms must be returned to the school.
November 28th/2019	Pick-up date from school for orders.

Important Notes

- Please ensure customers make cheques payable to: **DR. CLARK FUNDRAISING COMMITTEE**
- Our team website is located at: <https://drclarkpublicschoolfundraising.growingsmilesfundraising.com/>
- Please try to sell only to your family, friends and close neighbours. (Parents may take order forms to work to collect sales if desired).
- We do not encourage young students soliciting door-to-door sales for safety reasons. If students are selling within their neighbourhood they should always be accompanied by a responsible adult.
- Plants are supplied by DeVry Greenhouses.

Thank-you for your support!

Warmest Regards,

Dr. Karl A Clark

2019

Winter Order Form



drclarkfuncomm@hotmail.com

Orders Due: November 12th/2019 ***You can also send e- transfers to above e-mail address***

Plant Pick-up: November 28th/2019 from 3:30 pm - 8:00 pm



Poinsettias in a 6.5" size pot are approximately 14 - 16" tall and 13 - 16" wide

\$15



6.5" Premium Poinsettias

A holiday favourite! Brighten up any room this winter with a vibrant poinsettia. They arrive ready to display and include a colour-coordinated pot cover. Available in red, white, and pink, the 6.5" poinsettias are perfect for the holidays.

\$35



Tropical Indoor Planter

Add a festive look to your table with a mixed tropical planter. There are four different, live plant varieties included with a decorative pinecone or novelty pick. Planter container designs do vary and cannot be requested.

\$35



Holiday Wreath

This "berries and bows" wreath is made with the highest quality greens available. They are hand-tied and dipped for extended freshness. Hang outside on your door during the holiday season to welcome guests!



2019-2020 School Year Calendar

Fort McMurray Public School District #2833

August 2019						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2019						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2019						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2019						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2020						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

March 2020						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2020						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2020						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2020						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

 STAT Holiday (No School)
 Staff Professional Learning/Development Day (No School)

 Important Dates
 School Breaks / No School

***2020-2021 Proposed Important Dates**

Sept 1, 2020 First day for Students Feb 25 & 26 Teachers' Convention
 Dec 21-Jan 3 Christmas Break April 2 - 9 Easter and Spring Break

2019/2020 Important Dates

Aug 14	Schools Open for Registration
Aug 21	Administration First Day
Aug 28	ATA First Day
Aug 29	CUPE First Day
Sept 2	Labour day (No School)
Sept 3	First Day of School for Students
Sept 9	ECCDP First Day
Sept 13	PLF #1 (Staff Only)
Sept 27	PLF #2 (Staff Only)
Oct 4	PLF #3 (Staff Only)
Oct 14	Thanksgiving (No School)
Oct 25	PLF #4 (Staff Only)
Nov 1	Institute Day (Staff Only)
Nov 8	In Lieu PTI (No School)
Nov 11	Remembrance Day (No School)
Nov 22	District Day #1 (Staff Only)
Dec 13	PLF #5 (Staff Only)
Dec 20	PLF #6 (Staff Only)
Dec 23-Jan 3	Christmas Break (No School)
Jan 6	Classes Resume
Jan 17	PLF #7 (Staff Only)
Jan 31	District PD Day (Staff Only)
Feb 3	2nd Semester begins
Feb 17	Family Day (No School)
Feb 24-28	Teachers' Convention (No School)
Mar 13	PLF #8 (Staff Only)
Mar 27	PLF #9 (Staff Only)
Apr 10	Good Friday (No School)
Apr 13-17	Easter Monday & Spring Break (No School)
May 8	PLF #10 (Staff Only)
May 15	In Lieu PTI (No School)
May 18	Victoria Day (No School)
May 29	PLF #11 (Staff Only)
Jun 12	PLF #12 (Staff Only)
Jun 25	Last day of School for Students
Jun 26	Last Day for Staff/Graduations (1/2 day: AM Only)

171 Instructional Days (86 & 85) / 193.5 Operational Days

Approved Date: March 20, 2019

*Proposed dates listed are subject to change